

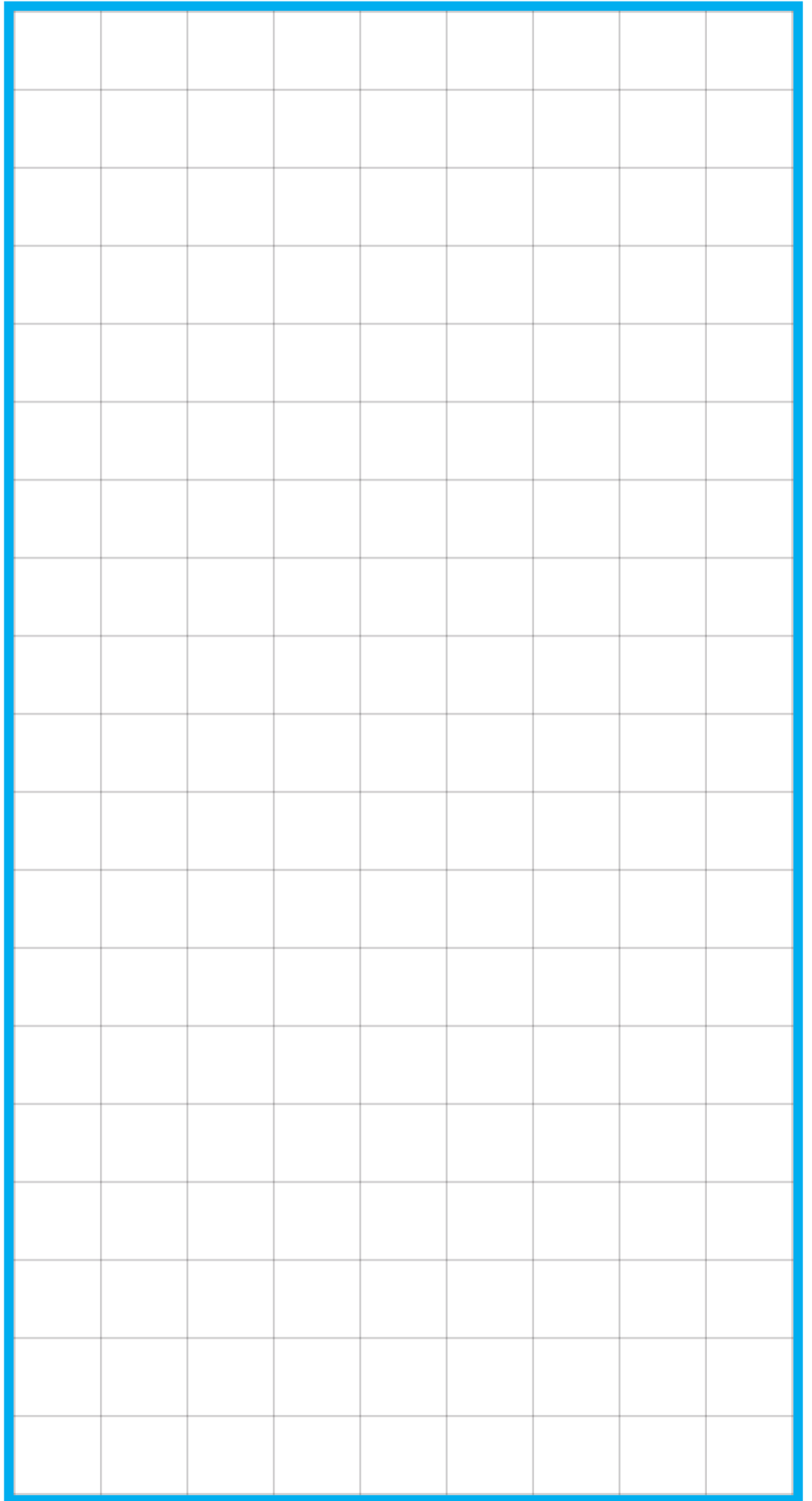
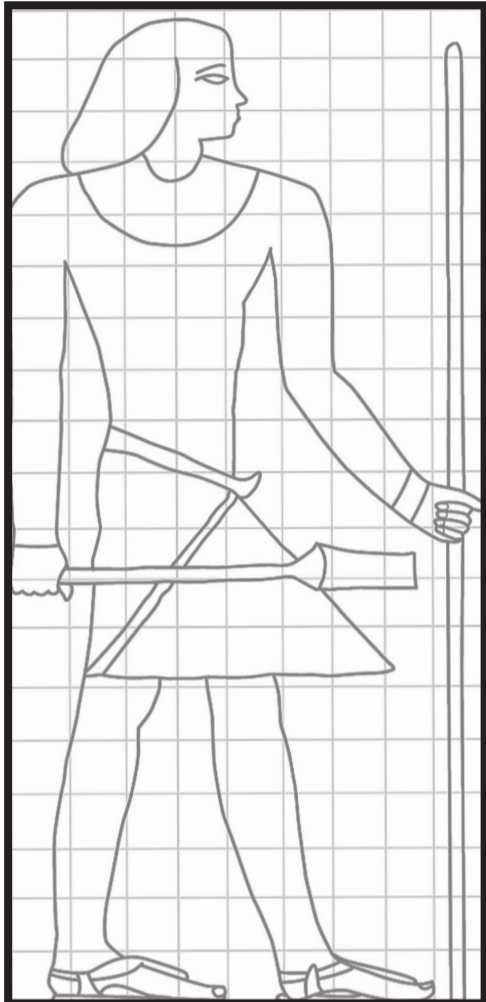
KEEP THINGS IN PROPORTION

Ancient Egyptian artists and sculptors created images of people and gods using a strict set of rules. They used grid squares to keep everything in the 'ideal' proportion – or what they thought was ideal! Each square was a hand-width – the distance across the knuckles and thumb.

Make a fist with one of your hands.



The distance across your knuckles and your thumb is your hand-width.



INSTRUCTIONS

Use your hand-widths to measure yourself or someone with you of roughly the same height. Then draw your figure on the grid.

Remember – each grid square is one hand-width. How do you look compared to an 'ideal' Egyptian?

Record your measurements in the chart below to help you keep track and compare. Colour in your figures when you're done.

Measurement	Egyptian 'ideal' (hand-widths)	You/your friend (hand-widths)
From the wrist to the elbow.	3	
From the ground to the top of the knee.	6	
From one thumb up the arm, across the chest and down the other arm to the other thumb.	18	
From the ground to the hairline.	18	

TAKE A CLOSER LOOK



Why not see if you can spot some Egyptian figures in the gallery – are they in the ideal proportion?